

**QUESTION OF THE WEEK**

**Q:** Do I need to get a tetanus shot every 10 years?



**Verwest**

It is highly recommended to keep your tetanus immunization up to date to prevent an infection of the tetanus bacteria, which can enter the body through a cut or scratch. A puncture wound is even a higher risk for this infection, which can cause a very serious neurologic illness and has a very high risk for being fatal.

The recommendation is to receive the tetanus vaccine booster every 10 years.

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